

happy  
**Valentine's**  
day

**February 2025**

Mohawk Valley School  
Breakfast & Lunch

**MONDAY**

**3**  
BREAKFAST  
Toasted English Muffin  
Hashbrown Casserole  
Fresh Fruit  
2nd Fruit Option  
LUNCH  
Teriyaki Meat Ball  
Cheesy Garlic Breadstick  
Ceasar Salad  
Fresh Fruit

**TUESDAY**

**4**  
BREAKFAST  
Oatmeal w/ Brown Sugar  
Whole Grain Toast  
Juice  
2nd Fruit Option  
LUNCH  
Crispy Chicken Salad  
Light Ranch Dressing  
Dinner Roll  
Fresh Fruit

**WEDNESDAY**

**5**  
BREAKFAST  
Sausage Breakfast Pizza  
Fresh Fruit  
2nd Fruit Option  
LUNCH  
Chili Macaroni  
Garlic Toast  
Steamed Carrots  
Celery Sticks  
Fresh Fruit

**THURSDAY**

**6**  
BREAKFAST  
Muffins  
Assorted Yogurt  
Juice  
2nd Fruit Option  
LUNCH  
Hot Turkey Ham & Cheese Sub  
French Fries  
Steamed Broccoli  
Fresh Fruit

**FRIDAY**

**7**  
BREAKFAST  
WG Biscuit  
Scrambled Egg  
Fresh Fruit  
2nd Fruit Option  
LUNCH  
Chicken Nacho  
Mild Salsa  
Lettuce & Tomato  
Black Beans  
Fresh Fruit

**10**

BREAKFAST  
Wg Bagel  
Assorted Yogurt  
Fruit Salad  
2nd Fruit Option  
LUNCH  
Philly Chicken Sub  
Parsley Carrots  
Romain Salad  
Fresh Fruit

**11**

BREAKFAST  
Oatmeal w/ Brown Sugar  
Sausage Patty  
Juice  
Fresh Fruit  
LUNCH  
Corn Dog  
French Fries  
Steamed Broccoli  
Fresh Fruit

**12**

BREAKFAST  
English Muffin  
Three Cheese Egg Bites  
Juice  
Fresh Fruit  
LUNCH  
Cheese Qusadilla  
Mild Salsa  
Lettuce & Tomato Garnish  
Refried Bean  
Fresh Fruit

**13**

BREAKFAST  
Breakfast Burrito  
Fresh Fruit  
2nd Fruit Option  
LUNCH  
Breaded Chicken Drumstick  
Steamed Corn  
Green Beans  
Fresh Fruit

**14**

BREAKFAST  
Crumble Coffee Cake  
Scramble Egg  
Juice  
2nd Fruit Option  
LUNCH  
Macaroni & Cheese  
Dinner Roll  
Ceasar Salad  
California Vegetables  
Fresh Fruit



**17**



Presidents Day

**18**

BREAKFAST  
WG Bagel  
Cream Cheese  
Juice  
2nd Fruit Option  
LUNCH  
Cheese & Chili Tamale  
Lettuce & Tomato Garnish  
Tortilla Chips  
Mild Salsa  
Pinto Beans  
Fresh Fruit

**19**

BREAKFAST  
French Toast Sticks  
Sausage Patty  
Fresh Fruit  
2nd Fruit Option  
LUNCH  
Grilled Chicken Sandwich  
Lettuce & Tomato  
Romaine Salad  
Light Ranch Dressing  
Green beans  
Fresh Fruit

**20**

BREAKFAST  
Blueberry Muffin  
Assorted yogurt  
Juice  
2nd Fruit Option  
LUNCH  
Cheeseburger  
French Fries  
Broccoli Raisin Salad  
Fresh Fruit

**21**

BREAKFAST  
Whole Grain Toast  
Scramble Eggs  
Fresh Fruit  
2nd Fruit Option  
LUNCH  
French Bread Pizza  
Asian Vegetables  
Fresh Fruit

**24**

BREAKFAST  
Cinnamon Rolls  
Scramble Eggs  
Juice  
Fresh Fruit  
LUNCH  
Bean & Cheese Burrito  
Mild Salsa  
Celery Sticks  
Fresh Fruit

**25**

BREAKFAST  
Egg & Cheese Sandwich  
Fresh Fruit  
2nd Fruit Choice  
LUNCH  
Chicken Bowl  
Dinner Roll  
Steamed Broccoli  
Fresh Fruit

**26**

BREAKFAST  
Whole Grain Pancakes  
Juice  
2nd Fruit Option  
LUNCH  
Pork Carnitas  
Wg Cornbread  
Pinto Beans  
Fresh Fruit

**27**

BREAKFAST  
Banana Muffin  
Assorted Yogurt  
Fresh Fruit  
2nd Fruit Option  
LUNCH  
Mandarin Orange Chicken  
Seasoned Brown Rice  
Sesame Green Beans  
Asian Vegetables

**28**

BREAKFAST  
Chilaquiles  
Juice  
2nd Fruit Option  
LUNCH  
Cheese Pizza Stick  
Marinera Cup  
Romaine Salad  
Fresh Fruit

**Daily Choices** Daily: Low Fat & Fat Free Milk Daily: Assorted Cereal & Graham Cracker or Cheese Stick items available for Breakfast

**IMPORTANT MENU UPDATE** Last minute menu changes are occurring frequently and are out of our control due to the nationwide food chain issues due to the fires and weather. Menus on Nutrislice may not reflect these changes. We appreciate your patience and understanding during this time. If you have any questions regarding your school's menu, feel free to reach out to the Cafeteria Manager.

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