

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

Daily: Low Fat & Fat Free Milk Daily:  
Assorted Cereal & Graham Cracker or  
Cheese Stick items available for  
Breakfast



**1**

**BREAKFAST**  
Wg Bagel  
Peanut Butter  
Fruit Cocktail  
Fresh Fruit

**LUNCH**  
Chicken Taco  
Celery Stick  
Black Bean  
Fruit Cup



**2**

**BREAKFAST**  
Muffin  
Yogurt  
Applesauce  
Assorted Juice

**LUNCH**  
Sloppy Joe  
Hash Brown  
Steamed Broccoli  
Fresh Fruit



**3**

**BREAKFAST**  
Whole Grain Toast  
Egg Patty  
Diced Peaches  
Fresh Fruit

**LUNCH**  
Beef Asian Meatball  
Dinner Roll  
Asian Vegetables  
Baby Carrots  
Fresh Fruit



**6**

**BREAKFAST**  
Assorted Cereal  
Graham Crackers  
Fruit Juice  
Mixed Fruit

**LUNCH**  
Spaghetti w/ Meat Sauce  
WG Garlic Bread  
Mini Salad  
Mixed Vegetables  
Fresh Fruit

**7**

**BREAKFAST**  
WG Pancake on a Stick  
Syrup  
Cinnamon Slices  
Fresh Fruit

**LUNCH**  
Hot Ham & Turkey Cheese Sandwich  
Baked Beans  
Sweet Potato Fries  
Mixed Berries

**8**

**BREAKFAST**  
Oatmeal w/Brown Sugar  
Honey Graham Cracker  
Canetoupe  
Blueberries

**LUNCH**  
Cheeseburger  
Steamed Broccoli  
Corn  
Fresh Fruit

**9**

**BREAKFAST**  
Mini Cinnamon Rolls  
Yogurt  
Tater Tots  
Diced Peaches

**LUNCH**  
Chicken Nuggets  
Dinner Roll  
Honey Dilled Carrots  
Roasted Cauliflower  
Fresh Fruit

**10**

**BREAKFAST**  
WG Donuts  
String Cheese  
Assorted Juice  
Assorted Fruit

**LUNCH**  
Peanut Butter Sandwich  
Carrots  
Cucumbers  
String Cheese  
Fresh Fruit

**13**

**BREAKFAST**  
Egg & Sausage Sandwich  
Pineapple Tidbits  
Mixed Berries

**LUNCH**  
Crunchy Hawaiian Chicken Wrap  
Celery Sticks  
Lite Ranch Dressing  
Steamed Carrots  
Stawberries

**14**

**BREAKFAST**  
Egg Patty  
WG Toast  
Fruit Juice  
Fresh Grapes

**LUNCH**  
Cheese Quesadilla  
Mild Salsa  
Refried Beans  
Steamed Broccoli  
Fresh Fruit

**15**

**BREAKFAST**  
Pancake on a Stick  
Syrup  
Applesauce Cup  
Strawberries

**LUNCH**  
Ham & Turkey Sub  
Carrots  
Celery Sticks  
Fresh Fruit  
Special Treat

**16**

**BREAKFAST**  
Blueberry Muffin  
Assorted Yogurt  
Fruit Juice  
Cantaloupe

**LUNCH**  
Mandarin Orange Chicken  
Seasoned Brown Rice  
Asian Vegetables  
Green Beans  
Fresh Fruit

**17**

**BREAKFAST**  
Western Omelette  
Mild Salsa  
Diced Peaches  
Fresh Apple

**LUNCH**  
Chicken Salad  
Lettuce & Tomato  
Italian Potato  
Rainbow Carrot Crunch  
Watermelon

**20**

**BREAKFAST**  
French Toast Sticks  
Fruit Juice  
Apricot Halves

**LUNCH**



**21**

**BREAKFAST**  
Waffle  
Fruit Cocktail  
Fresh Fruit

**LUNCH**



**22**

**BREAKFAST**  
Cinnamon Bun  
Assorted Fruit  
Fresh Fruit

**LUNCH**



**23**

**BREAKFAST**  
Assorted Cereal & Pastry  
Assorted Fruit  
Fresh Fruit

**LUNCH**



**24**

**BREAKFAST**  
Pancakes  
Assorted Fruit  
Fresh Fruit

**LUNCH**



**27**



**28**



**29**



**30**



**31**

