



# November 2024

## Mohawk Valley School Breakfast & Lunch

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

**1**

**BREAKFAST**  
Mini Cinnamon Cake  
Scramble Eggs  
Fresh Fruit  
2nd Fruit Option

**LUNCH**  
Corn Dog  
Ranch Beans  
Potato Salad  
Fresh Fruit

*Daily Choices Daily: Low Fat & Fat Free Milk  
Daily: Assorted Cereal & Graham Cracker or  
Cheese Stick Items available for Breakfast*

**4**

**BREAKFAST**  
Cinnamon Rolls  
Scramble Eggs  
Juice  
Fresh Fruit

**LUNCH**  
Frito Chili Pie  
Mild Salsa  
Celery Sticks  
Fresh Fruit

**5**

**BREAKFAST**  
Egg & Cheese Sandwich  
Fresh Fruit  
2nd Fruit Choice

**LUNCH**  
Chicken Bowl  
Dinner Roll  
Steamed Broccoli  
Fresh Fruit

**6**

**BREAKFAST**  
Whole Grain Pancakes  
Juice  
2nd Fruit Option

**LUNCH**  
Pork Carnitas  
Wg Cornbread  
Pinto Beans  
Fresh Fruit

**7**

**BREAKFAST**  
Banana Muffin  
Assorted Yogurt  
Fresh Fruit  
2nd Fruit Option

**LUNCH**  
Boneless Chicken Wings  
Seasoned Brown Rice  
Sesame Green Beans  
Asian Vegetables

**8**

**BREAKFAST**  
Chilaquiles  
Juice  
2nd Fruit Option

**LUNCH**  
Cheese Pizza Stick  
Marinera Cup  
Romaine Salad  
Fresh Fruit

**11**

**BREAKFAST**  
Toasted English Muffin  
Hashbrown Casserole  
Fresh Fruit  
2nd Fruit Option

**LUNCH**  
Spaghetti w/ Meat Balls  
Cheesy Garlic Breadstick  
Ceasar Salad  
Fresh Fruit

**12**

**BREAKFAST**  
Oatmeal w/ Brown Sugar  
Whole Grain Toast  
Juice  
2nd Fruit Option

**LUNCH**  
Crispy Chicken Salad  
Light Ranch Dressing  
Dinner Roll  
Fresh Fruit

**13**

**BREAKFAST**  
Sausage Breakfast Pizza  
Fresh Fruit  
2nd Fruit Option

**LUNCH**  
Peanut Butter Sandwich  
String Cheese  
Steamed Carrots  
Celery Sticks  
Fresh Fruit

**14**

**BREAKFAST**  
Muffins  
Yogurt  
Fresh Fruit  
2nd Fruit Option

**LUNCH**  
OVEN ROASTED TURKEY W/GRAVY  
MASHED POTATO  
STEAMED CORN  
DINNER ROLL  
MANDARIN ORNGES  
TRADITIONAL PUMPKIN PIE

**15**

**BREAKFAST**  
WG Biscuit  
Scrambled Egg  
Fresh Fruit  
2nd Fruit Option

**LUNCH**  
Bean & Cheese Burrito  
Mexicorn  
Mixed Veggies  
Fresh Fruit



**18**

**BREAKFAST**  
Wg Bagel  
Assorted Yogurt  
Fruit Salad  
2nd Fruit Option

**LUNCH**  
Philly Chicken Sub  
Parsley Carrots  
Romain Salad  
Fresh Fruit

**19**

**BREAKFAST**  
Oatmeal w/ Brown Sugar  
Sausage Patty  
Juice  
Fresh Fruit

**LUNCH**  
Corn Dog  
French Fries  
Steamed Broccoli  
Fresh Fruit

**20**

**BREAKFAST**  
English Muffin  
Three Cheese Egg Bites  
Juice  
Fresh Fruit

**LUNCH**  
Cheese Qusadilla  
Mild Salsa  
Lettuce & Tomato Garnish  
Refried Bean  
Fresh Fruit

**21**

**BREAKFAST**  
Breakfast Burrito  
Fresh Fruit  
2nd Fruit Option

**LUNCH**

**22**

**BREAKFAST**  
Crumble Coffee Cake  
Scramble Egg  
Juice  
2nd Fruit Option

**LUNCH**



**25**



Break

Thanksgiving

**26**



Break

Thanksgiving

**27**



Break

Thanksgiving

**28**



Break

Thanksgiving

**29**



Break

Thanksgiving

ANNUAL THANKSGIVING FEAST- RSVP BY NOVEMBER 4TH- SIGN UP WILL BE DURING FALL FESTIVAL AND SCHOOL GOOGLE FORMS- COST \$7.00  
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